Cody Ferrand

Period 8

1. What foods are commonly eaten?

Some foods that are commonly ate are roasted meats, vegetables, soups, and stews. A staple of the Russian diet is dark, heavy bread.

1. What does a typical breakfast consist of? Lunch? Dinner? At what times are these meals eaten?

A typical lunch consists of a small two dish meal lasting from 12 to 1. A typical dinner consists of an elaborate 4 course meal starting at 6.

1. What are some (at least two) famous recipes from your country?

Two famous recipes are sharlatka and borsht.

1. What are some foods from this country that are commonly eaten in your country? Are the foods prepared differently here than in this country?

Some foods that are commonly eaten here that are also eaten in Russia are pancakes, salad, and pierogies.

1. What is your personal opinion of this country’s food? What looks appetizing? What looks repulsive? How do you think you are going to do eating this food every day?

I think that the food does not look that bad. The peirogies look appetizing. The borsht looks repulsive. I think that I could get used to their food.